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Mediterranean The Beautiful Cookbook: Authentic Recipes From The Mediterranean Lands



Synopsis

From the author of The Mediterranean Kitchen comes this sublime gastronomic tour through the cultures and cuisines of Southern Europe, North Africa, and the Near East. From Jordanian meat pie to North African couscous, the traditional and the exotic are fully explored. 250 recipes. 240 photos.

Book Information

Hardcover: 256 pages

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Product Dimensions: 1 x 10.5 x 14.2 inches

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Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (23 customer reviews)

Best Sellers Rank: #248,315 in Books (See Top 100 in Books) #134 inÂ Books > Cookbooks, Food & Wine > Regional & International > European > Mediterranean

Customer Reviews

I purchased 5 books in this "series" over time and just ordered more from . I have a strong interest in cooking but have been weeding cookbooks out. Still, I bought these for numbers of reasons including the quality and uniqueness of the books as well as for the recipes. These books are oversized (14" X 10"); conceptually a "coffee table book" format. Some are hard cover versions; more recent versions are soft cover. Soft covers have no other compromises per quality of the pages, photos and content. However, the size and softer covers make them less flexible to store. They all have gorgeous photos of the areas from which the recipes are taken. Included are a few pages summarizing the history of how various foods came to the areas and how food preferences transitioned throughout history. As another overview point, many recipes are one full page and each page has large color photos of the finished dish(es). Glossaries and indices are located at the end of each book. These are not travel or restaurant guides; yet, they can inspire a desire to check flight schedules. When I purchased this book, I had in mind food from Greece and a few other countries. Check a map (there's one included in the book). This book has recipes from all the countries touching the Mediterranean Sea. With so many countries, you could guess that this isn't all inclusive (thus the reason for my "4" rating to assure this is known), but there's a variety of

recipes from the different countries in each section. Most recipes have an overview about the dish; and, some have different versions per how it is cooked in the various countries.

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